

Digital Footprint: Think Before You Post

40 minutes

Cyber Safety

WHAT THIS LESSON DOES

Discover what a digital footprint is and how your online actions create active and passive traces that can last. Learn why it affects your safety, future, and relationships. Through interactive activities, practise pausing to think before posting, ensuring your online presence stays positive and secure.

WHAT STUDENTS SHOULD BE ABLE TO DO

- Understand the concept of a digital footprint and its lasting impact online.
- Differentiate between active and passive digital footprints.
- Recognise how online activities contribute to one's digital footprint.
- Appreciate the importance of managing a digital footprint for privacy, safety, and reputation.
- Develop the habit of pausing to reflect before posting content online.

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HOW THE LESSON RUNS
Introduction
Types of Digital Footprint
Your Digital Footprint is Permanent
Why Your Digital Footprint Matters
Think Before You Post
Activity
Review and Reflect