

Staying Safe Online

40 minutes

Cyber Safety

WHAT THIS LESSON DOES

In this lesson, you will explore online safety through an engaging introduction, learn the 8 Golden Rules, and practise the STOP-THINK-CHECK and BLOCK-REPORT-TELL routines. You will identify trusted adults, apply safety facts in scenarios, complete quizzes, and create a personal plan to stay confident and protected online.

WHAT STUDENTS SHOULD BE ABLE TO DO

- Understand key principles of online safety and personal information protection.
- Apply Golden Rules to everyday online activities.
- Use STOP-THINK-CHECK to evaluate potential online risks.
- Implement BLOCK-REPORT-TELL when encountering unsafe situations.
- Identify and communicate with trusted adults for support.

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HOW THE LESSON RUNS
Introduction
Learn the Golden Rules
STOP THINK CHECK
BLOCK, REPORT, TELL Routine (8 mins)
Online Safety Facts
Who are Trusted Adults? (7 mins)
Scenarios
Interactive Quiz
Trusted Adult Plan Card
Safe and Unsafe Online Activities
Quick Reflection