

What is Personal Information?

40 minutes

Cyber Safety

WHAT THIS LESSON DOES

In this lesson, you will learn what personal information is and why it matters for your safety online. Explore examples like your name and address, discover risks of sharing it, and practise protection tips through activities and scenarios. Build habits like STOP-THINK-CHECK to stay secure.

WHAT STUDENTS SHOULD BE ABLE TO DO

- Define personal information and identify common examples.
- Understand the importance of protecting personal information for online safety.
- Recognise risks associated with sharing personal information online.
- Apply safety rules and strategies to safeguard personal information.
- Develop habits for reflecting on and improving personal online safety practices.

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HOW THE LESSON RUNS

Introduction

Examples of Personal Information

Why Personal Information is Important

Personal Information and the Internet

How to Protect Your Personal Information

Scenarios

Reflection