

## Capacity – estimate and measure in litres and millilitres

### WHAT THIS LESSON TEACHES

Capacity is how much a container holds when full. We measure in litres and millilitres.

→ A bottle holds 1 litre.

→ A spoon holds about 5 ml.

### MODEL THIS ON THE BOARD

#### READING A JUG

- 1 Estimate first.
- 2 Pour the liquid into the jug.
- 3 Read the level at **500 ml**.

### DISCUSSION STARTER

**REFLECT** When you estimated cups in a litre, were you close? What helped your estimate?

### ANSWER KEY

a) 250 ml

b) 500 ml

Q1: 0.25 l

Q2: 1.5 l

a) Always — This is the exact conversion.

b) Sometimes — Cups vary in size.

c) Always — This is the standard measure.

d) Sometimes — Buckets come in different sizes.

### EXTENSION SHEET · STRETCH ANSWERS

**Investigation:** How much do everyday things hold? — open-ended; scan pupils' working for valid solution paths rather than a single answer.