



The systems of the human body

5th Class

Print and cut along the dashed lines. These carry the **text a group reads** — a job to do, a brief to research, or notes to identify by. Check the lesson's teacher notes for how many sets each group needs and how they are used: some lessons hand out one card per group, others sort or sequence a full set.

Breathing team

Brings oxygen into the body from the air. ^{R_s} ^{R_s}

Circulation team

Moves blood around the body, carrying oxygen and nutrients. ^{R_s} ^{R_s}

Digestion team

Breaks down food so the body can use the energy and nutrients. ^{R_s} ^{R_s}

Movement team

Bones and muscles that support the body and make it move. ^{R_s} ^{R_s}

Control team

Brain and nerves that send messages and control what the body does

Lungs

Take oxygen from the air into the body. ^{R_s} ^{R_s}

Windpipe

Carries air from the mouth and nose down to the lungs. ^{R_s} ^{R_s}

Heart

Pumps blood around the whole body. ^{R_s} ^{R_s}

Blood vessels

Tubes that carry blood to every part of the body. ^{R_s} ^{R_s}

Stomach

Churns food and breaks it down after you swallow. ^{R_s} ^{R_s}

Intestines

Finish breaking down food and take nutrients into the blood. ^{R_s} ^{R_s}

Bones

Give the body shape and support so it can stand and move. ^{R_s} ^{R_s}

Muscles

Pull on bones to bend joints and make the body move. ^{R_s} ^{R_s}

Brain

Controls the body, thinks, and sends instructions. ^{R_s} ^{R_s}

Nerves

Carry messages between the brain and the rest of the body

