



The systems of the human body

5th Class

Print and cut along the dashed lines. These carry the **text a group reads** — a job to do, a brief to research, or notes to identify by. Check the lesson's teacher notes for how many sets each group needs and how they are used: some lessons hand out one card per group, others sort or sequence a full set.

Breathing team

Brings oxygen into the body from the air

Circulation team

Moves blood around the body, carrying oxygen and nutrients

Digestion team

Breaks down food so the body can use the energy and nutrients

Movement team

Bones and muscles that support the body and make it move

Control team

Brain and nerves that send messages and control what the body does

Lungs

Take oxygen from the air into the body

Windpipe

Carries air from the mouth and nose down to the lungs

Heart

Pumps blood around the whole body

Blood vessels

Tubes that carry blood to every part of the body

Stomach

Churns food and breaks it down after you swallow

Intestines

Finish breaking down food and take nutrients into the blood

Bones

Give the body shape and support so it can stand and move

Muscles

Pull on bones to bend joints and make the body move

Brain

Controls the body, thinks, and sends instructions

Nerves

Carry messages between the brain and the rest of the body

