



Step by step: getting ready

Junior Infants

Print and cut along the dashed lines. These carry the **text a group reads** — a job to do, a brief to research, or notes to identify by. Check the lesson's teacher notes for how many sets each group needs and how they are used: some lessons hand out one card per group, others sort or sequence a full set.

Wet hands

Hold hands under the tap to get them wet. ^{R_s} ^{R_s}

Soap

Put soap on your hands. ^{R_s} ^{R_s}

Rub

Rub your hands together. ^{R_s} ^{R_s}

Rinse

Wash the soap off with water. ^{R_s} ^{R_s}

Dry

Dry your hands on a towel. ^{R_s} ^{R_s} Modelled demo (keep tight for five minutes) Name the bridge once: we practise order with washing hands, then coats

Find the coat

Take the coat from the peg or chair. ^{R_s} ^{R_s}

One arm in

Put one arm into a sleeve. ^{R_s} ^{R_s}

Other arm in

Put the other arm into the other sleeve. ^{R_s} ^{R_s}

Fasten

Pull the coat closed and zip or fasten it