



Step by step: getting ready

Junior Infants

Print and cut along the dashed lines. These carry the **text a group reads** — a job to do, a brief to research, or notes to identify by. Check the lesson's teacher notes for how many sets each group needs and how they are used: some lessons hand out one card per group, others sort or sequence a full set.

Wet hands

Hold hands under the tap to get them wet

Soap

Put soap on your hands

Rub

Rub your hands together

Rinse

Wash the soap off with water

Dry

Dry your hands on a towel. Modelled demo (keep tight for five minutes) Name the bridge once: we practise order with washing hands, then coats

Find the coat

Take the coat from the peg or chair

One arm in

Put one arm into a sleeve

Other arm in

Put the other arm into the other sleeve

Fasten

Pull the coat closed and zip or fasten it