

Forces start, stop and turn things

energy-forces

What you need: soft ball · toy car · trolley or wheeled toy with a handle · masking tape

Words to use

Force · What changed

Our question

Where do we use a push or a pull to start, stop or turn something in PE or the playground?

Draw the force used and the change of motion at each play-circuit station

What I notice

Was the force a push or a pull?

What changed: start, stop, turn, speed up or slow down?

Which station surprised you?