



Pulse · Breathing rate · Oxygen-delivery team

Does one minute of our chosen activity change our pulse and breathing rate per minute?





Lesson 2

Draw a bar chart of our results

Put the four measures along the bottom (resting pulse, after pulse, resting breathing, after breathing) and rate per minute up the side. Draw one bar for each.

Did both pulse and breathing change?

What does that tell you about the heart and lungs as a team?

